



Emotional and physical wellbeing are intrinsically connected. We are dedicated to providing quality **developmental services** and **counselling** to children and families.

Principal Occupational Therapist Kristy, has a Bachelor of Occupational Therapy and additional qualifications in Mental Health Sciences (Infant Stream).

Funding Information

You may be able to access Medicare and Private Health Fund rebates. The following are accepted.

Mental Health Care Plans
(available from your G.P)

Chronic Disease Care Plans
(available from your G.P)

Helping Children with Autism Funding

Private Health Rebates
(please check with your provider)

Head Start
Children's Therapy Services
*Passionate about working with families
to help children reach their potential to
live, learn and play.*

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Reasons for Referral

Head Start Children's Therapy Services can help children struggling with:

- Social & emotional difficulties
- Behavioural difficulties
- School or learning difficulties
- Reading, writing, spelling difficulties
- Sensory processing difficulties
- Attention & concentration difficulties
- Fine & gross motor skills
- Picky eating
- Toileting issues

and families struggling to understand:

- How their child's difficulties can impact on family life
- How to best meet the needs of their child

Our goal is to:

- Help children to function more effectively in activities they complete every day
- Help parents to explore how best to meet the needs of their children

Referrals can be initiated through parents, teachers, guidance officers, doctors or other health professionals.

Parents find Occupational Therapy can be a useful way of highlighting their child's strengths, as well as pin-pointing areas their child may find more challenging.

It is common for parents to worry their child may not be reaching their potential.

Occupational Therapy intervention may take the form of individual therapy sessions, group therapy work, school-based liaison or work with families, parents and children.

Some families benefit from an assessment only, and other families benefit from ongoing support and intervention. Every child and family is unique.

If you would like further information about how Occupational Therapy may benefit your child and family, please contact us at Head Start Children's Therapy Services.